



CONSCIOUS SEDATION POST-OP INSTRUCTIONS

1. Patient cannot drive for 24 hours after anxiolysis.
2. Do not operate any hazardous device for 24 hours.
3. A responsible person should be with the patient until he/she has fully recovered from the effects of the anxiolysis.
4. Patient should not go up and down stairs unattended, let the patient stay on the ground floor until recovered.
5. Patient can eat when ever and whatever he/she wants.
6. Patient needs to drink plenty of fluids as soon as possible.
7. Patient may sleep for a long time or may be alert when he/she leaves. Attend to both an alert or sleepy patient the same. **DO NOT TRUST HIM/HER ALONE.**
8. Always hold patient's arm when walking.
9. Call us if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us go to the closest emergency room immediately.
10. Patient should not carry, sleep next to or be left alone with the elderly or young children for a period of no less than 24 hours after the last dosage of medication.
11. **DRIVE DIRECTLY HOME.**

Following most surgical procedures there may or may not be pain, depending on your threshold for pain. You will be provided with medication for discomfort that is appropriate for you. In most cases a non-narcotic pain regimen will be given consisting of Acetaminophen (Tylenol) and Ibuprofen (Advil). These two medications taken together will be as effective as a narcotic without any of the side effects associated with narcotics. If a narcotic has been prescribed follow the directions carefully.

If you have any questions about these medications interacting with other medications you are presently taking, **PLEASE CALL THE OFFICE FIRST, THEN YOUR PHYSICIAN AND/ OR YOUR PHARMACIST. Dr. Vincent McClane's office # (772) 287-0788 or cell # (772) 708-2200.**

COMPANION'S SIGNATURE: _____ DATE: _____